

MILLOR ELEMENTS TM Dietary supplement “Omega-3 Icelandic”

MILLOR ELEMENTS Omega-3 is a dietary supplement created for systemic, controlled, and daily provision of the body with omega-3 fatty acids.

Composition: 1 capsule contains: active ingredients*: omega-3 - 1000 mg (mg), including eicosapentaenoic acid (EPA) - 180 mg (mg) and docosahexaenoic acid (DHA) - 120 mg (mg), vitamin E – 15 mg TE in the form of DL-alpha-tocopheryl acetate; capsule shell: gelatin, glycerin, water.

*the content of omega-3 and vitamin E corresponds to the safe level of consumption according to EFSA data.

Nutritional value table

<i>Nutrient name</i>	<i>Content per 1 capsule</i>	<i>% of the nutrient reference value (for adults)</i>
Omega-3 fatty acids , of which:	1000 mg	-
- eicosapentaenoic acid (EPA)	180 mg	-
- docosahexaenoic acid (DHA)	120 mg	-
Vitamin E (in the form of DL-alpha-tocopheryl acetate)	15 mg TE	125%

Country of origin of individual ingredients: omega-3 – Iceland, vitamin E – Ukraine.

Gelatin, from which the capsule shell is made – Belgium; glycerin – Ukraine.

Eicosapentaenoic acid and docosahexaenoic acid (EPA/DHA) contribute to the normal function of the heart.

The beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA (the claim is used in accordance with Commission Regulation (EU) No 432/2012 of 16 May 2012).

Vitamin E contributes to the protection of cells from oxidative stress.

Form of release: 90 soft gelatin capsules with a filling weight of 1022.60 mg in a jar.

Directions for use and recommended daily dose: for adults 1-2 capsules, for children from 12 years old 1 capsule per day during or immediately after meals. The capsule should be swallowed whole, without chewing, with a small amount of water.

Before use, consultation with a doctor is recommended.

Recommended duration of consumption: 4 weeks. The need for repeated courses and the duration of consumption are determined by a doctor individually. Do not exceed the stated recommended amount (portion) for daily consumption.

Precautions for use: not recommended for individuals with personal sensitivity to the product components. Use with caution in pregnant and lactating women. Do not use simultaneously with other multivitamin complexes containing vitamin E. Not recommended for children under 12 years old without a doctor's prescription.

The dietary supplement should not be used as a substitute for a balanced diet. The dietary supplement should not be used as a substitute for full medical treatment.

Not a medicinal product.

Food business operator responsible for food product information: LLC "PLAI GROUP", 02099, Kyiv city, Yaltynska street, building 5-B. E-mail: office@plaigroup.net.

TU U 15.8-1530100373-067.2007

Storage conditions: Store at a temperature from +5 °C to +25 °C, relative humidity not more than 85% in a dry place, protected from direct sunlight and out of reach of children. Close the lid tightly after each use and store in the original packaging.

Shelf life: 24 months from the date of manufacture.

The date of manufacture coincides with the batch number and is indicated on the packaging.